

## The Catholic Women's League of Canada Diocese of Sault Ste. Marie Spiritual Development Standing Committee



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JOY
(Jesus, Others, Yourself)

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To: Parish Spiritual Development Chairpersons

From: Betsy Currier, Diocesan Spiritual Development Chairperson Cc: SSM Spiritual Advisor Father Pat Woods, SSM Diocesan Officers,

SSM Parish Presidents, SSM Regional Spiritual Advisors, and

**Provincial Spiritual Development Chairperson, Emma Rose** 

Rayburn

Greetings my Dear Sisters;

## Truly my soul finds rest in God; my salvation comes from him. Psalm 62:1

As November approaches, only a bit more than a week away, we celebrate All Saints Day and All Souls Day. We remember those near and dear to us who have died. I'd like to share with you a passage from Joyce Rupp from her reflection *November*, *A Passageway*.

"The liturgical celebration of *All Saints Day* on November 1st draws me into a passageway of reverent mystery. As I grow older, I feel increasingly in touch with my spiritual ancestors. I believe the bond we had with our loved ones when they were alive remains firm even though they are no longer physically with us. When I celebrate *All Saints Day*, I honor not only the officially canonized saints of the church but all dear persons whose lives reflect goodness (Godness).

By asking our loved ones to gift us with their positive qualities, our lives, too, can have God-ness shining through them. This November, let's cast our glance back to those dear ones who left us the essence of their goodness. As we ponder their qualities and pray to have these traits come alive more fully in us, "the best" of our loved ones will continually live on in us and be a blessing for others." Joyce Rupp

Let us honour our loved ones by remembering their "best" and living our lives in the most grace-filled way possible.

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## Let us pray;

Let us honour the memory of all our loved ones, who have gone from this life to their eternal rest in Christ. We pray that the God of all, has joyously welcomed them into the fullness of life, where they rest in peace and love.

Gracious God, to whom mercy and forgiveness belong, hear our prayers on behalf of Your these, your faithful servants, whom You have called into the light of Your presence. May they be welcomed joyously into heaven. We ask this through Christ, our Redeemer. Amen

God is the glory and joy of each of our departed loved ones whose memory we celebrate today. We thank you God for the gift of all those who You shared with us, whose memory we keep in our hearts. Amen

Compassionate God, Mary, the mother of Jesus, gave of herself completely. Blessed is she who gave humanity to Jesus, and blessed are those who we remember. We join Mary in proclaiming Your greatness and in thanking You for giving us life through death and resurrection of Jesus. We

proclaim Jesus and the gift of Your life-giving Spirit. Amen

Eternal rest grant unto them. And let perpetual light shine upon them. May they rest in peace. Amen

Adapted from: CWL Memorial Service for Deceased Members



May the Lord smile on you today and always. Betsy Betsy Currier SSM Diocesan Spiritual Development Committee Chairperson