

The Catholic Women's League of Canada
Sault Ste. Marie Diocesan Council
COMMUNITY LIFE STANDING COMMITTEE

September 12, 2019

Directive #1

To: Community Life Standing Committee Chairpersons
From: Debbie Mattiazzi, Diocesan Community Life Standing Committee
Chairperson
CC: Diocesan Officers, Parish Presidents, Provincial Community Life
Standing Committee Chairperson

Turn to me and be gracious to me, for I am lonely and afflicted (Psalm 25:16)

Dear Sisters in the League,

My name is Debbie Mattiazzi and I am the past president of Our Lady of Hope Parish. I am married now for 38 years, we have 4 children, a daughter and 3 sons. We have been blessed with seven beautiful grandchildren. I am retired now for four years, previously worked in purchasing and sales with a large Electrical Distributor. I have been a member of the Catholic Women's League for 28 years.

I am a little nervous and anxious sending my first directive as the Community Life Chairperson.

I am very pleased to be apart of this standing committee.

Our Provincial President, Colleen Perry, has challenged us to focus on Loneliness for the next 2 years. Each standing chairperson has been asked to develop a plan of how they can address this issue in their committees.

The **C.A.R.E. Connection Project** is to be used to assist in developing a plan.

C – Communicate- Reach out to someone. It starts with Hello

A – Act Do something! Don't just think about doing it or don't wait. Just do it!

R – Respect – Respect People's situation. Don't judge. Be aware of their boundaries

E – Engage – You just need to take that first step to make a world of difference to someone.

I know from personal experience that with a telephone committee works very well. It is a great tool! That phone call may be the only call they receive and it also is a great way of finding out how they are feeling. I would also suggest, if possible establish a committee to coordinate teams of 2 to visit our shut ins.

4 Truths for when You Feel Alone:

Above you are God's overshadowing wings (Psalm 91:4)

Beneath you are God's everlasting arms (Deuteronomy 33:07)

All around you is the Angel of the Lord (Psalm 34:7)

Inside you is God's Peace (Philippians 4:7)

I look forward to hearing from all of you.

Blessings,

Debbie Mattiazzi