



**Sault Ste. Marie Diocesan Council
of The Catholic Women's League of Canada
Education and Health**

CATHOLIC
and **LIVING IT!**

Catholic and Living It

Communiqué # 1

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TO: Parish Education and Health Committees
FROM: Diane Carmichael, Diocesan Education and Health
bcc: Diocesan Officers, Parish Presidents, Provincial Education and Health Committee

"Show me your hands. Do they have scars from giving? Show me your feet. Are they wounded in service? Show me your heart. Have you left a place for divine love?"

– Archbishop Fulton J. Sheen

Hello to all fellow Sisters in the League!

I would like to take this opportunity to introduce myself to you.

I am honoured to serve as the Diocesan Education and Health Chairperson. Both subjects are extremely important to me personally. My daughter just graduated from her third post-secondary program!! I am very proud of her. She is now working at the hospital here in town. My son, also graduated from college, is a police officer. They both chose careers to help others. My father died a couple of years ago. He had Alzheimer's. End of life care has become front of mind for me from planning to end care.

I have served on the Diocesan Executive as the Corresponding Secretary during the last term. It was a challenge during the lock downs we endured. We all learned new skills to stay in touch with each other and communicate. Skills I'm sure we will need and use going forward.

As our President, Lisa Henry, quoted:

Ours is not the task of fixing the entire world all at once, but of stretching out to mend the part of the world that is within our reach. Any small thing that one soul can do to help another soul, to assist some portion of our poor suffering world, will help immensely. It is not given to us to know which acts or by whom, will cause the critical mass to tip towards the enduring good. What is needed for dramatic change is an accumulation of acts, adding, adding to, adding more, continuing. We know that it does not take everyone on Earth to bring justice and peace, but only a

*small, determined group who will not give up during the first, second, or
hundredth gale” ~ Clarissa Pinkola Estés ~*

I am anxiously looking forward to the next 2 years. The Catholic Women's League is a mighty group of women that know how to get stuff done!

For God and Canada

Your Sister in the League

Diane Carmichael