



The Catholic Women's League of Canada Sault Ste Marie Diocesan Council



Directive #7

Pages: 2

February 25, 2025

To: Parish Faith Chairs

From: Debbie Mattiazzi Diocesan Faith Chair

Cc: Parish Council Presidents, Diocesan Executive, Claudette Langdon Provincial Faith Chair

"Do you wish your prayer to fly toward God? Make for it two wings: fasting and almsgiving."

St. Augustine

Dear Sisters

Lent is fast approaching! Ash Wednesday March 5th is less than 2 weeks away.

We are all familiar with the 3 Pillars: *Fasting, Prayer, and Almsgiving.*

What other ways can we embody these pillars? How can we incorporate the 3 C's *Christ, Church, and Cross* in these pillars?

I have included helpful resources to assist us on our journey through this Lenten Season. The attached offerings are printable! This offers a different way to approach, fasting, prayer and almsgiving, while fulfilling our obligations.

I am passing on information received from Provincial Faith Chair Claudette Langdon:

Members are invited to be pilgrims of hope in a one-hour Lenten Webinar:

"Hope in the Midst of Turmoil"

A time of prayer and reflection as we celebrate Jubilee 2025 and share spiritual preparation for Passion Sunday, the Pascal Triduum and Easter with:

Shari Guinta, National President, Bishop Lobsinger, National Spiritual Advisor, Roland Chernichan, National Chairperson of Faith.

Sunday April 6, 2025 at 3:30pm (EDT)

Register at: <https://register.gotowebinar.com/register/2669420062234998620>

National Faith Chair, Roland Chernichan has requested the following information to be shared:

Seven week Zoom program during Lent, "**Stations of the Cross for those with Mental Illness**" (**Family and Friends**)

Join Zoom Meeting

<https://us06web.zoom.us/j/88919896671?pwd=I2YYpCb7IXbeM8sHgmiXaWmGTA1pdD.1>

Meeting ID: 889 1989 6671

Passcode: 833942

In this season of Lent, may we draw closer to the transformable love of Christ, preparing our hearts for the joy of Easter.

God Bless

Debbie Mattiazzi

Diocesan Faith Chair