
THE CATHOLIC WOMEN'S LEAGUE OF CANADA
SAULT STE. MARIE DIOCESAN COUNCIL



Prayer to Our Lady
of Good Council

*Patroness of The Catholic
Women's League of Canada.*

Mary, Our Lady of Good
Counsel: filled with the
Holy Spirit, you were a
faithful disciple of Jesus, your
Son.

Intercede with your son
for us that we may be faithful
to our baptism, fervent in
prayer, and generous in the
service we give to our sisters
and brothers.

May the spirit of the living
God, who graced you with the
gift of counsel, lead us in the
way of truth and love.
With the help of your prayers,
may we come to rejoice
forever with you and the great
company of saints in the
kingdom of heaven.

Amen

Fall Newsletter 2019

MISSION STATEMENT

The Catholic Women's League of Canada
Calls its members to grow in faith,
and to witness to the love of God
through ministry and service.

LEAGUE PRAYER

We humbly pray you, O God our Father to bless
The Catholic Women's League of Canada.
Bless our beloved country, our homes and families.
Send your Holy Spirit upon us to give light to our minds
and strength to our wills that we may know
and fulfill your great law of charity.
Teach us to share with others at home and abroad,
the good things you have given us.
This we ask through our Lord Jesus Christ
and the intercession of our patroness
Our Lady of Good Counsel
Amen



Care for our **Common Home**



SERVICE – FAITH – JUSTICE

We are called to take action and conserve water!



ONTARIO PROVINCIAL COUNCIL of The Catholic Women's League of Canada

MEMO TO: ONTARIO PARISH PRESIDENTS
FROM: ANNE MADDEN, PROVINCIAL PRESIDENT
DATE: February 9, 2019
RE: ONTARIO KICK-OFF FOR NATIONAL FOCUS ON WATER



Care for our
Common Home

The new national theme and focus on water was discussed during the recent Ontario Provincial Council (OPC) of The Catholic Women's League of Canada winter meeting.

The OPC agreed to focus on water conservation and preservation with a kick-off of March 22, 2019 that is designated World Water Day.

Your council is asked to promote water conservation in advance of that date and request participation by your members and parishioners in the conservation kick off.

This kick off is explained in the attached poster that you may post on your bulletin board(s) as is and/or create your own. Other information and videos you may use at a meeting to launch the project may be found on the Internet but some suggestions are listed below.

Your efforts in addressing homelessness were overwhelming and I look forward to celebrating the impact of your efforts to conserve and preserve water for future generations. A further initiative will be kicked off at our provincial convention in July.

Blessings,

Anne Madden

<https://canadians.org/bluecommunities> about blue communities
<https://bluecommunitiesnow.wixsite.com/water/blue-resources> great video link .. 8 minutes
<https://www.youtube.com/watch?v=A6LcaTWTx8g> First Nation girl at UN .. 5 minute video
<http://www.cwec.ca> Whose watching the water for our Kids?

Care for our Common Home
www.cwlon.ca

Anne Madden 292 Burridge Road, Godfrey, ON K0H 1T0

Here`s how and let`s keep track!



THE CATHOLIC WOMEN'S LEAGUE OF CANADA

NATIONAL THEME 2019-2020

FOCUS FOR 2019: WATER

SAVE WATER
SAVE \$\$\$



Drink with Purpose

ONTARIO'S FOCUS WILL BE ON CONSERVATION AND PRESERVATION

ONTARIO PROJECT KICK OFF

EACH PARTICIPATING INDIVIDUAL IS ASKED TO SELECT ONE WAY OF REDUCING WATER CONSUMPTION FOR THEMSELVES AND OTHERS WHO SHARE LIVING SPACE

EACH INDIVIDUAL/HOUSEHOLD BEGINS CHANGE(S) NO LATER THAN MARCH 22, 2019 – WORLD WATER DAY

EACH INDIVIDUAL/HOUSEHOLD RECORDS THEIR CHANGE WITH THE ESTIMATED ANNUAL WATER SAVINGS IN GALLONS AND DROPS IT INTO THE COLLECTION BOX LOCATED _____

THE CWL COUNCIL REPORTS THE TOTAL IMPACT TO THE OPC RESOLUTIONS CHAIR, COLLEEN MARTIN BY EMAIL cwlresolutions@tbaytel.net NO LATER THAN APRIL 30, 2019

A FURTHER STEP WILL BE LAUNCHED AT THE ANNUAL PROVINCIAL CONVENTION IN JULY 2019

POSSIBLE CHANGES TO REDUCE CONSUMPTION OF WATER

(Run water you are going to use for a particular purpose into a container for a minute to estimate your savings per minute – make sure you use the water and don't just dump it ☺ .. then use the calculation per minute X # of minutes of activity X # times activity done per day or week X days or weeks in a year and then convert to calculate your total annual savings in litres/gallons)

- 1 Turn off the tap while brushing your teeth
- 2 Turn off the tap while you scrub your hands
- 3 Operate dishwasher and washer only when full
(each cycle uses 4 -6 gallons .. how many cycles do you save per week then x 52 for per year)
- 4 Fix a leaky faucet (estimated savings 30-40 gallons per week with a steady run)
- 5 Shorten # of minutes for each shower (estimated savings 2.1 gallons per minute)
- 6 Fill a pitcher with water and store in fridge so do not run water to cool
- 7 Do not let the water run continuously to rinse dishes
- 8 If washing dishes, put water in the sink rather than letting the tap run while washing
- 9 Use biodegradable dish soap and then use dishwater for watering plants after completing dishwashing (reusing water also counts as a savings)
- 10 Collect rain water and/or melt snow to water plants



Colleen's Communications

August 2019

To all Ontario members,

It is my honour to be representing you as provincial president.

The Catholic Women's League taught me the importance of prayer and showed me the unexplainable power of the rosary. That is the reason I have chosen the rosary as the symbol for my signatures and messages. I use the rosary daily to ask Our Lady to help me open my heart and mind to the things that the Holy Spirit is trying to tell me. Joining the Catholic Women's League in 2003 put me on a path to the best spiritual development I could ever imagine. I want to share that passion for prayer with you. I ask that you pray the rosary as often as you can. Keep all members in your prayers as we strive for increased faith development, undying commitment to service and social justice for all.

While considering the goal of my term I quickly realized that I did not want to lose the momentum gained from Anne's focus on homelessness. How could we continue to support those most vulnerable and yet grow in our understanding of their circumstances? I attended an advent retreat in Ottawa where I heard Fr. Mark Slatter talk about "Homelessness and the Holy Family". In his talk he mentioned loneliness and the different types of loneliness. The words caught my ear and the Holy Spirit took hold. **Loneliness** will be our focus for this term.

There are initiatives all over the world to alleviate loneliness. In the United Kingdom a police officer who was investigating a fraud case found the success of the fraud was accelerated by the victim's loneliness. In response to his findings he put a sign up on a park bench to encourage people sitting there to "chat" safely. The story can be found at <https://www.washingtonpost.com/lifestyle/2019/07/17/this-towns-solution-loneliness-chat-bench/>.

Another story is from a village in France where a school principal responded to a community senior who "joked" that seniors should be invited to lunch with the school children in the newly renovated school cafeteria. The program is so successful that several other towns are working to implement it. The article states it is a win-win for both students and seniors. Read more here <https://aleteia.org/2019/07/31/how-one-village-in-france-is-ending-loneliness-among-its-seniors/>

What can we do to alleviate loneliness in our homes, families, churches and communities? What services are available in your area? Start there. You will hear more from the OPC executive team in the fall. I look forward to hearing your comments as I travel around the province over the next two years.

Yours in faith,

Colleen



**The Catholic Women's League of Canada
Sault Ste. Marie Diocesan Council**

**Rev. Trevor Scarfone
Diocesan Spiritual Advisor**



Dear Sisters in the League,

It was on the feast of St. Mark, April 25, 1467, a woman ran out of money to repair a church at Genazzano, Italy. During the outdoor celebrations, parishioners heard music and noticed that a cloud appeared and began to descend down an unfinished wall of the church. What was left was an image, 40x45 cm, of the Virgin Mary holding the child Jesus in her arms.

Devotion to the image grew through increased masses, prayers and prayer services. Several popes made pilgrimages to venerate and pray before the image. In 1903, Pope Leo XIII inserted the title of Our Lady of Good Counsel into the Litany of Loretto. In 1923, the Catholic Women's League adopted Our Lady of Good Counsel as its patroness. This icon became a symbol of lay involvement and the responsibility of women to care for the church.

We are Jesus' sisters and mothers. As we do the will of the Father we realize our mission as members of the Catholic Women's League. As sisters in the league, we plan, develop and coordinate programs for Christian fellowship. We encourage the living of Christian values. We plan and support charitable and community activities. We discuss topics of national interest and importance to Church, governments and society. We simply serve in the ministry of Jesus by showing our loving care and compassion for the lonely, elderly, vulnerable and many others.

Mary is honoured under the title of Our Lady of Good Counsel. For she is called, in Isaiah's prophetic vision, "wonderful counselor." (Isaiah 9.5) She lived her life under the counsel of the Holy Spirit's wisdom as she gave herself wholeheartedly to God's wise loving plan.

As we approach the hundredth anniversary of the Catholic Women's League in the diocese, we continue to seek the gift of the Holy Spirit's wisdom through the intercession of Our Lady of Good Counsel. As we look at the image of Mary, we see the child Jesus, whom she is holding, looking up at her. We are drawn as well to look at Mary for her counsel. We reflect on the words in the prayer in honour of our patroness,

"that we may be faithful in our Baptism fervent in prayer and generous in the service we give to our sisters and brothers. May the spirit of the living God who graced you with the gift of counsel lead us in the way of truth and love."

Sincerely,

Fr. Trevor Scarfone



The Catholic Women's League of Canada Sault Ste Marie Diocesan Council

President Cathy McKinney

Care For our Common Home



Dear Sisters in the League;

Fall is here and the leaves are changing and preparing for winter. We too are preparing for the winter season. Winter is a time for hibernation for many people but not for the Catholic Women's League of Canada. We are in the throws of tea and bazaar season where the ladies work tirelessly for the League to provide for the year's expenses. Your work does not go unnoticed. Thank you for working for the poor, lonely and the sick in your community.

As a League, we are in a time of renewal with the strategic plan being worked on by the National team. Please consider participating in the surveys that can be found on the National website. It is your input that will shape the League of the future. We are a valuable resource in our communities and we need to continue to be a voice for the poor, sick and lonely in our communities.

In April of 2020 we are celebrating our 100th Anniversary as a Catholic Women's League in the Diocese. Come celebrate with us in North Bay on April 24-26. Ken Yaskinski will be our keynote speaker and we have other surprises in store for the delegates. We have been working for 2 years to make this a memorable convention for all. Please join us!

Respectfully;

Cathy

99th Annual SSM Diocesan CWL Convention

April 26 – 28, 2019 Sault Ste. Marie, Ontario

Elections were held at this year`s Diocesan Convention. We thank Susan Godin, Marcelle Beaulieu, Christine Bot, Sue Quakenbush, Karen MacDonald, Giselle Floyd, Bev Michaud, Rhonda DeGraw and Marlene Sawko for their service on the executive as they leave their offices/chairpersons role.

The 2019 – 2021 SSM Diocesan Executive under spiritual guidance of Fr. Trevor Scarfone and the leadership of Diocesan President Cathy McKinney welcomes new members as a result of the year`s elections:

Louise Cazabon-Regimbal	Recording Secretary
Lorraine Greasley	Christian Family Life Chairperson
Kelly Langevin	Communications Chairperson
Geraldine Chateau	Resolutions Chairperson
Deborah Hickey	Legislations Chairperson
	and Regional Chairperson – North Bay
Collen Murphy	Education and Health Chairperson
	and Regional Chairperson – Sault Ste. Marie
Debbie Mattiazzi	Community Life Chairperson

and returning members

Elizabeth (Betsy) Currier	Past President/Historian
Lisa Henry	President Elect / Organization
Patricia Clizia	1st Vice-President – Spiritual Development
	Chairperson
Kathleen Niro	2nd Vice-President / Regional Chairperson-
	Sudbury
Mary-Lynn Turchon	Treasurer
Diane Carmichael	Corresponding Secretary



Elizabeth Currier Past President / Historian



My dear CWL sisters,

How quickly time passes. It seems like just a little while ago I was in the beautiful church of St. Alphonsus in Callander accepting the president's gavel and pin from Karen and now my term has ended. I had an amazing term as the diocesan president, blessed with an amazing team of very gifted and beautiful women.

I had many highlights throughout the two years including:

- participating in at tremendously successful diocesan wide food drive along with many other projects which addressed the provincial theme of homelessness
- chairing two exciting, energizing and spiritual conventions – 2018 in Sudbury and 2019 in Sault Ste. Marie
- representing the diocese of Sault Ste. Marie at 2 provincial conventions (2017 in Thunder Bay and 2018 in Toronto) and 2 national conventions (2017 in Charlottetown and 2018 in Winnipeg)
- presenting a Life membership to Anna Tremblay
- presenting (with Karen McDonald) Bellelre Guerrin awards to Denise Moreau and Barbara Lawrence
- presenting (with Karen McDonald and Cathy McKinney) an educational session to Bishop Damphousse and the spiritual advisors of our diocese
- attending the presentation of the Ontario Provincial Social Justice Award to our CWL sister Doris Labelle
- bringing greetings to many regional meetings across the diocese and seeing and talking to all of you

Fall is here with its burst of colour, crumple of leaves underfoot, and a nip in the air. Guess that's a reminder for us that everything changes. As the seasons transition from summer to fall to winter so we too transition to the next step in our CWL journey. I welcome all of you to your new role as past president. Embrace it. It is a change for us. Change equals challenge. This position challenges us to use our experience to help others, to remain present to all our members. It challenges us to guide, to encourage and to mentor our members. It challenges us to be a consultant, a shoulder to lean on and a listening ear for the new president.

Did you know?

We have resources to help us as we assume the responsibilities of our new role of past president.

There is an Executive Handbook and Past President Handbook available and these may be downloaded from the national website (***Resources*** and ***Manuals***).

Happy reading!

Blessings and hugs,

Betsy





Diane Charmichael
Corresponding Secretary



I'd like to take this opportunity to introduce myself. My husband, Brian Kelly, and I have 3 adult children. The eldest is well into his career and planning a wedding for next fall, the middle child is in college this year after getting her BSc in Biology and the youngest is working on starting his career of choice as an OPP officer. We live in North Bay and operate a family business, Kelly's Pumps. I have been a member for 24 years now and served on my parish council as Recording Secretary, Membership/Organization and President.

As Corresponding Secretaries we are responsible for staying in touch with our members on important dates and events in their lives. There are many tools at our disposal. On the National website, www.cwl.ca, you can download "Handbook for Secretaries", and "Good Gracious! Good Grammar!" is available on the Provincial website, www.cwl.on.ca. Both are excellent references and guides.

We may be in a digital age, but when someone takes the time to acknowledge an anniversary, or a death, it validates us as human with a life worth acknowledging. God designed us to want that human contact and we are fulfilling that need in a small but important way.

Blessings and God's Love to each of you

Diane



Louise Cazabon-Regimbal

Recording Secretary



"Let us be Protectors of Creation, Protectors of God's plan Inscribed in Nature, Protectors of one Another and of the Environment." Pope Francis, March 19, 2013

This quote fits with this year's National Theme: "Care for our Common Home" This year's focus is "water" our most precious commodity! Members can relate and ensure the sustainability of our environment for many future generations.

Our Strategic Plan will make a difference as it moves forward ensuring that all members have better guidelines. The Catholic Women's League of Canada focus on 3 core values: Faith, Service and Social Justice.

I have been appointed as the Diocesan Recording Secretary and for the next 2 years I am tasked with preserving the League's history for our archival and historical purposes. I will record minutes of all meetings and also conventions. This recording process must be accurate, complete and concise. I must familiarize myself with all past Diocesan files and all past literature. I will become adept at making sure all these pertinent files are backed up and saved correctly. Several technologies I will use assist in this task: my laptop, google drives, web browsers, email, printers and memory sticks. Wednesday which has been nicknamed 'Web Wednesday' is when I verify and check our CWL website: cwl.ca, It's current with all upcoming events, and gives interesting information as does our new Facebook page: [ssm.cwl.ca](https://www.facebook.com/ssm.cwl.ca)

This has been a big year of changes for me and I ask all my sisters in the League to stay united because together we can make a difference!

May our Lady of Good Counsel help in guiding us to achieve our goals in all Catholic Women's League of Canada endeavours.

Louise Cazabon-Regimbal
Recording Secretary



Lorraine Greasley
Christian Family Life Chairperson



"Christ has no heart but yours to show them His love" (Catholic Missions In Canada)

This is my first experience on the Diocesan Catholic Women's League as Chairperson of the Christian Family Life Standing Committee.

I trust together we can "make a difference". There are many crisis situations facing us in this "culture of death" – climate change, pro-life issues, vaping, Christian family marriage, pornography, opioids, sex education in schools, transgender issues, care of our home, and loneliness. What can we do? Get involved.

By now each of our regions have had the Walk For Life, how many of us were there? In Sudbury last July we were fortunate to have the film "Unplanned" (the true story of Abby Johnson, a CEO of a Planned Parenthood Clinic who quit her job to become Pro-life after being asked to assist with an abortion) shown in Sudbury. It was most informative and needs to be seen, because seeing abortion changes the minds of pro-choice individuals. Also, in Sudbury, The Right To Life Dinner, hosted Doctor Jason Lepoyarvi (an assistant professor of religious studies at Thornloe University), who gave a very informative message on life from the moment of conception and how legislation very easily overcomes some bioethics. The movie "Unplanned" is now on DVD and can be shown to groups. Many areas are pressing school boards to gain permission to show this film. This film **needs to be seen**.

As well as the theme "Care For Our Common Home" (our provincial president, Colleen Perry has asked us to include "Loneliness" for the next two years. There are many things we can do with some brainstorming.

Let us "stay the course", "keep on fighting", so that good things will happen. Let us get involved in local politics. Remember most of all our politicians began on school boards or as councillors or as mayors. Let us change "the culture of death" to "a culture of life".

Some resources I would like to recommend are:

1. Campaign Life Coalition provides monthly newsletters.
2. (The Interim) is Canada's Life and Family newspaper.
3. The catholic register- a must read.
4. EWTN (Eternal Word Television Network) a 24-7 day week program.
Television is the best medium to promote evangelization.
5. (Sharing the Healing and the Hope) 2nd Edition by Missionary oblates of Mary Immaculate (271 prayers) as well as traditional catholic prayers.

"Women make the world beautiful, they protect it and keep it alive" (international Women's Day). Let us reach out to others regardless of colour, race, gender, education, or finances. "Let us be a good perfume of God, taking the aroma of love, joy and peace to others. Let us choose to be a sweet fragrance in all places and circumstances" (Beautiful in God's Eyes)

Respectively submitted

Lorraine Greasley





Kelly Langevin
Communications Chairperson



Fall greetings to all my sisters in the League.

"Prayer is a conversation between you and God. Don't be afraid to talk to him. Don't worry about what you will say. Speak from your heart." Nicky Gumbel

As communications chairperson for the 2019 – 2021 term, my role is to evangelize and promote the League through various methods of communication. I will evaluate and share appropriate content with our semi-annual newsletters, on our diocesan website and through social media.

Pornography hurts campaigns continue in parishes throughout the League. In our diocese, this typically occurs during the fall months, though anytime during the year will work as well. When distributing the cards to members, parishioners and friends, encourage them to not only sign, but add a comment or ask a question to our member of parliament. Let's see if we get a response. By sending postcards or personal letters to the government in large numbers, we send a message that our voices matter and count, especially during election times.

Are you reading your **Canadian League Magazine**? There are many articles covering all the topics that are near and dear to hearts of CWL members. It is available on-line at www.cwl.ca. It really is a **MUST read!** Consider sharing your copy by leaving it in the pew for a sister member or parishioner, or re-sharing by leaving a copy in the waiting rooms of doctor's offices, the hospitals or clinics.

If you haven't done so by now, sign up to receive the Ontario Provincial on-line newsletter. It is published monthly with a different diocese in Ontario featured each month.

If your council has members receiving volunteer awards, Life Member Awards, Maple Leaf Awards, etc., please send pictures along with a short article including the Council title and location, to my attention so it can be shared in our next newsletter.

Publishing this, my first diocesan newsletter, came together with a lot of help and inspiration from my diocesan sisters. Thank you for your guidance and words of encouragement.

Peace and Blessings

Kelly Langevin



Geraldine Chateau Resolutions Committee



It was with some trepidation that I answered the call to take on the role of Resolutions Chair on the Diocesan Executive. However, I am looking forward to learning and growing as a member of the Catholic Women's League of Canada as I fulfill my responsibilities over the next two years.

I have served as Christian Family Life Chair, Recording Secretary and President at the parish level and Recording Secretary at the Regional level. My fellow sisters in the League have always been there for me if I was experiencing any difficulty and I am certain that with God's help and the support of the wonderful members of the League we can bring forth meaningful and timely resolutions.

I hear Linda Squarzolo's voice in my head and I appeal to all members to put their thinking caps on and look around to see the issues that could be addressed with a resolution to the Diocesan Convention next April. At the 2019 Diocesan convention there was a question as to why no resolutions were brought forth at the convention. Linda Squarzolo responded to the question and her opening statement was " Boy, do I have a job for you."

She followed up with the story of a resolution. Resolutions begin with an idea or concern from any member of any council. A member in her job recognized a situation where not all participants were treated equally, due to a variety of government rules and regulations. She brought her concerns to her CWL Council. A committee was put together to research the issue and formulate a resolution for approval by the council. Council endorsed the resolution. The resolution was presented to the Diocesan Convention and received approval. It was then forwarded to the Provincial Convention where it was approved. It was then sent on to the National Convention for final endorsement. The resolution was presented to the Federal Government and soon thereafter changes were made to create equality for all.

This was a clear example of how one voice made a difference.
Will you be that voice?

Gerri Chateau



Colleen Murphy
Education and Health Chairperson



"Holy Father, protect them in your name that you have given me, so that they may be one just as we are." (John 17:11)

Stepping up to the Diocesan level of the Catholic Women's League is daunting. But, in listening to the women that have been there and are currently leading our way, I have faith that I can rise to the challenge to serve God and Canada in new ways!

Education and Health are two very broad subject areas. Often we may be discouraged with directions taken by our governments. Let's lay our concerns in God's hands and pray that He will inspire us and those that lead to put the well-being of all first and foremost.

Medical Assistance in Dying – MaiD – Moving Forward?

Here is the legal definition of 'Eligibility for medical assistance in dying': https://laws-lois.justice.gc.ca/eng/AnnualStatutes/2016_3/FullText.html

From January 1 - October 21, 2018, there were 1,211 medically assisted deaths in Ontario.

At our CWL Ontario Provincial Convention, Hazel Markwell suggested the need to have conversations about end of life issues with family and friends. She described the need to acknowledge a person's fear of being a burden.

In his 2019 federal election campaign, Liberal Leader Justin Trudeau said he'll bring in legislation to expand access to medical assistance in dying. He would aim to strike a balance between protecting the most vulnerable people and respecting the rights and choices of Canadians. The Trudeau government commissioned expert panels to look at other areas of assisted death, including advance requests and extending the right to mature minors and people with severe psychiatric disorders. "We recognize that we need to take more steps to move forward as a society."
<https://www.cbc.ca/news/politics/trudeau-medical-assistance-dying-euthanasia-1.5307408>

Respectfully submitted,

Colleen Murphy



Sault Ste. Marie Region

Colleen Murphy



"For where two or three are gathered in my name, there am I in the midst of them." (Matthew 18:20)

I'd like to thank our Diocesan President, Cathy McKinney, for the giving me the honour of representing our Diocesan Council for our Sault Ste. Marie Region. I am inspired by the work of so many women that are willing to serve the League beyond the parishes. We do good work in so many ways!

Although much of our focus in the parishes is to increase our membership, I know that we must also pay attention to enriching our current members. Many of us have given years of volunteering to the League and our parishes. We rise to challenges, persevere through difficulties and still smile, pray and pour coffee! Remember to celebrate, socialize and laugh together as we work.

The sisterhood of the League is of great value. We have our own wonderful community of Catholic Women available to us across the country! At our Diocesan meeting this fall, we spoke of the Sisterhood project in Sudbury. We hope to expand and promote that going forward, but it reminds me that sisterhood is such a treasure.

I'm from Saskatchewan and moved to Sault Ste. Marie as a young mother and wife 32 years ago. The League and my parish of St. Gerard Majella offered a Catholic community for me. Because I have no extended family here in the Sault, I could find instant friends in my church and in the CWL that had common values and goals. I found support in raising our 4 daughters, and friendship for me and my husband, Bill, in our parish. I know Bill also values the Knights of Columbus as a brotherhood, too!

So, welcome your members warmly, enjoy hot coffee or tea in the chilly months ahead, laugh together over a bowl of soup, share a story while doing the dishes, listen to those who need to talk, and give hugs to those needing a sister!

Respectfully submitted,

Colleen Murphy



Sudbury Region

Kathleen Niro



Sudbury Regional Committee

Our term began in April 2019 and the search for members to be on the Sudbury Regional Committee was an adventure. I would like to take this opportunity to introduce this valuable committee.

Kathleen Niro has graciously accepted the role as Sudbury Regional Chairperson. This is her second term on the Diocesan Executive and also her second term on the Sudbury Regional Committee, previously serving as Recording Secretary. She has been an active member since 2002 at Our Lady of Hope Parish.

Bev Michaud has been a member of the CWL since 1988 and her home council is Holy Redeemer in Sudbury. She has served as president and various other committees at Holy Redeemer and served six year on the Diocesan Council. She is retired and enjoys some volunteer work and that is why she accepted the position as treasurer at the Regional level.

Julie Lackmanec accepted the invitation from Bev Michaud to take on the roll of Secretary. She has been a CWL member for 16 years. She began as a member at St. Patrick's Parish and her last eleven years with Holy Redeemer CWL. She has served one term as Secretary. She volunteers at the parish two and a half days a week, helping at the office. She also serves on the liturgy committee, coordinates the Décor Committee, is part of the Evangelization team set up at Holy Redeemer and is a member of the choir for the Saturday evening Mass. She is a proud grandmother of six grandchildren.

The role of Spiritual Development is empty. This will provide opportunity for parish council Spiritual Development members to come and share their gift of faith with different participants. The fall sessions are being supported by the Sudbury Region Spiritual Advisor Ruth-Ann Ingram, member at St. Patrick's Parish.

99th SSM Diocesan Convention Memories



99th SSM Diocesan Convention Memories



To see additional photos,
visit the Diocesan Council
CWL Website today!

ssmcwl.ca

Bellelle Guerin Award

During the opening mass at the 99th Sault St. Marie Diocesan Convention, The Bellelle Guerin award was presented to Denise Moreau and Barbara Lawrence . In the memory of the first president of The Catholic Women's League of Canada, Bellelle Guerin, this award is presented to ladies who have been active members of the League in good standing for at least 25 years. Who have served on her parish executive, have given extraordinary service to the League, contributing at the parish, diocesan and/or provincial level and have demonstrated her love of the League through her words and actions.



Denise Moreau has distinguished herself by her exemplary service to the Catholic Women's League as a member of Blessed Sacrament council where she joined the League in 1990, and currently as a member of Precious Blood Cathedral council.

As a member of Blessed Sacrament council, Denise chaired the Christian Family Life and Community Life committees, served as recording secretary, treasurer, president and past president/historian. In her parish, Denise served on the baptism committee, sang in two choirs, counted collection, and assisted the secretary and pastor with various assigned duties.

When the parish of Blessed Sacrament closed. Denise transferred her membership

to Precious Blood Cathedral. God was, indeed, at work since at the time of transferring, Precious Blood council had no president-elect. Not wishing to see the council become inactive, Denise assumed the role of president and also served as communications chairperson.

In her parish, Denise keeps active by preparing prayer cards for recipients of the Sacraments, participating in the "healing shawl ministry", and as a tireless fundraiser for "Join the Journey" and assisted with the Parish Nurse Program.

Denise served the diocesan council as recording secretary, chairperson of the Christian Family Life, Community Life, and Communications committees, and as Sault Ste. Marie Regional Chairperson. She co-chaired a diocesan convention. Denise continues to be active in the League by securing venues and preparing tickets for the Sault regional meetings and luncheons.

Dee is a mentor to many members and is the motivation for the success of countless CWL projects. She is a sister and friend to many. Denise displays tremendous dedication when volunteering her time. She offers you friendship and support and always greets you with a smile.



Barbara Lawrence has exhibited exemplary service to the Catholic Women's League as a member of St. Jerome council where she joined the League in 1971.

At the parish level, Barb served as chairperson of Christian Family Life, Education and Health, Community Life, Communications, Spiritual Development and as 1st and 2nd Vice-President, president and past president/historian of her council.

Barbara has served the residents and staff of F.J. Davey Long Term Care Home for many years, she is a Girl Guide Leader/Trainer and Commissioner, canvasses for the Canadian Cancer Society and Heart & Stroke

Foundation, and assists with World Day of Prayer. In her parish, she is a Eucharistic Minister, a member of the hospitality team, collection counter, and has chaired many council fundraisers.

As a member of the diocesan council, Barb was chairperson of spiritual development and she co-chaired two diocesan conventions. Barb served as the Sault Ste. Marie Regional Chairperson and served on the regional committee as spiritual development chairperson and recording secretary.

Barb was involved in provincial planning with Life Member Joan Durand and was a workshop facilitator with Honorary Life Member Lucille Cullen in three regions.

Barb is a mentor to many members and is an extremely dedicated volunteer who also always greets you with a smile.



Life Member Award

A nominee for this award must have been a member of the League in good standing for at least 10 years, must have been a diocesan or provincial president, and must have held executive positions at the diocesan level for a minimum of eight years. The nominee must have demonstrated her love of the League, her encouragement of others and her ability to participate in study, research, presentations, workshops, etc.

She must be available and willing to continue to serve the League at national level on committees, preparing briefs, researching reports and resolutions, facilitating workshops and attending conferences at the request of the national president.



Anna Tremblay has been a member of the Catholic Women's League for 51 years. During that time, she has been instrumental in mentoring many members and she is constantly encouraging members to take on leadership roles at all levels.

Anna served on the Sault Ste. Marie Diocesan executive for 14 years in numerous positions: Corresponding Secretary, Recording Secretary, 2nd Vice President / Ed & Health Chair, 1st Vice President / Spiritual Development Chair, President Elect/Organization Chair, President, and Past President.

She continues to be very actively involved in CWL at the provincial level. Her 4 years on the Ontario Provincial Council include the responsibilities of Communications Chairperson and Spiritual Development Chairperson.

Anna is very involved in developing and facilitating workshops, presentations and spiritual programs. She is a keen advocate of the League and I personally have never known her to say no to anything asked of her.

Congratulations Anna

Ontario Provincial CWL Convention July 2019

Kingston, Ontario

The delegates after the
business session



Attendees of the wine
tour on Sunday
morning.

All the delegates at the
dance party





Lisa Henry giving an update on the Strategic Plan

Cathy McKinney presenting the Water Workshop



All dressed up for the banquet.

Ontario CWL Social Justice Award

Recipient - Doris Labelle

In 2019 Doris Labelle was nominated for the Social Justice Award of the Ontario Provincial Council of The Catholic Women's League of Canada. Of the nominees from across the Province of Ontario, Doris, a 58-year League member, was chosen as the recipient.

Doris was born in England and volunteered with the Royal Air Force in 1944, working as secretary for the quartermaster. Her duties included corresponding with families of patients regarding their condition. In 2016 Doris was awarded a Medal of Service for this work, 71 years later.

Doris immigrated to Canada in 1946. When in her 40's, Doris returned to school and graduated from teachers' college in 1971. She embraced her teaching career, making a positive difference in the lives of her students.

Doris has been a strong voice in the pursuit of social justice. She has led in researching resolutions, was an active participant in the Valley East Community Action Network and has consulted with MPP France Gelinis concerning several issues.

She has been an active member of the League, both at her parish and at the diocesan councils, in her parish of St. Kevin's and in her community of Valley East (Val Therese, Val Caron and Hanmer). Despite suffering a stroke in 2015, Doris retains her passion and efforts to advocate for the vulnerable.

Since Doris was unable to attend the provincial convention in Kingston to accept the award, a CWL committee visited her at the Elizabeth Centre to present the award.

Congratulations, Doris, from your League sisters!



Pictured:

Cathy McKinney, Diocesan President
Linda Squarzolo, Provincial 1st Vice President
Betsy Currier, Diocesan Past President and
Karen McDonald, Provincial Legislation Chair

In Front: Doris Labelle

National CWL Convention August 2019

Calgary, Alberta



Business sessions with
Ann Marie Gorman,
National President

The National Book of Life.....is
yours ready for our 100th next year?



Procession of the flags at the
opening mass.

Line dancing at the
western shindig





**One hundred years of faith,
service and sisterhood.**

SAVE THE DATE

April 24, 25, 26, 2020

100th Diocesan Convention

North Bay, ON



**Plan ahead to
attend.....
and bring a
friend!**

SAULT STE MARIE DIOCESAN COUNCIL OF THE CATHOLIC WOMEN'S LEAGUE OF CANADA



T-SHIRT FUNDRAISER IN SUPPORT OF OUR
100TH ANNIVERSARY CONVENTION – NORTH BAY 2020



We are excited to offer the following T-Shirts to fundraise in support of our 100th Annual Diocesan Convention to be held in North Bay in April 2020.

Through this fundraising effort we hope to provide special programming and special surprises for our members to highlight this remarkable milestone.



T-Shirts are:

\$30.00 each

Navy Blue in colour



Have Diocese of Sault Ste Marie on the front and the CWL crest on the back

Sizes: Women's – S, M, L, XL, 2XL, 3XL

Men's – S, M, L, XL, 2XL, 3XL

NOTE: *Women's sizes run small.* Might be best to order one size up from your normal size.

ORDER YOURS NOW THROUGH YOUR COUNCIL PRESIDENT!



Note: T-shirt colour in photo is black.

T-shirts will be navy in colour

Your support is truly appreciated!

SAULT STE MARIE DIOCESAN COUNCIL OF THE CATHOLIC WOMEN'S LEAGUE OF CANADA FUNDRAISER IN SUPPORT OF OUR 100TH ANNIVERSARY CONVENTION – NORTH BAY 2020

We are excited to offer the following items to fundraise in support of our 100th Annual Diocesan Convention to be held in North Bay in April 2020. Through this fundraising effort we hope to provide special programming and surprises for our members to highlight this remarkable milestone.

ORDER YOURS THROUGH YOUR COUNCIL PRESIDENT!



Get all 3 for only \$25!



CWL TOTE BAG WITH BOTTLE COMPARTMENTS

\$10.00 ea.

Great for carrying bottles!

11" W x 11" H x 7.5" D

- **Two bottle/carton dividers on each side!**
- Use the main compartment for other items
- Inside of tote is laminated for easy cleaning
- Two webbed carry handles

POLAR STAR SPIRAL JOURNAL WITH 175 STICKY NOTES

\$10.00 ea.

5.5" W x 7" H x 0.5" D

- **Matching coloured blue ink pen!**
- 70 sheets of 70 GSM lined paper
- 25 sheets of 4" x 3" yellow sticky notes
- 25 sheets of 2" x 1.75" yellow sticky notes
- Five sets of coloured sticky flags (25 each of orange, pink, yellow, green, light pink)



BRAXTON SILICONE CELL PHONE WALLET WITH RING

\$5.00 ea.

- Silicone
- Smart wallet with 3M adhesive tape on the back
- **Use to hold up to two credit cards, ID, hotel cards and debit cards!**
- **Will not demagnetize your cards!**
- Apply to the back of your phone or case
- Fits most flat backed Smartphones
- **Use this wallet so you don't have to carry your entire wallet or purse!**
- **Full-motion metal ring to hold while you are operating your phone or taking a picture!**
- Instruction card included

Your support is truly appreciated!

CWL Prayer for Renewal

God of new beginnings, ever faithful God,
we thank You for your constant care for the women of
The Catholic Women's League of Canada.

We have sought to serve You in faith by
service to your people.

Under the guidance of the Holy Spirit and with the
help of Our Lady of Good Counsel,
we continue to discern Your call to seek justice
and build Your Kingdom on earth each day.
We ask your guidance as we plan the evolution of
The Catholic Women's League of Canada.
Grant us wisdom, the grace of discernment, and strength.
May each of us open her heart and mind to
Your will and welcome the new life
You bring to the League.

We ask this through Jesus, Your beloved Son
and Our Lord, Who lives and reigns with
You and the Holy Spirit,
God forever and ever.

AMEN

Sr. Susan Scott, CAF