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**THE CATHOLIC WOMEN'S LEAGUE OF CANADA  
SAULT STE. MARIE DIOCESAN COUNCIL**



**Prayer to Our Lady  
of Good Counsel**

*Patroness of the Catholic  
Women's League of  
Canada.*

**Mary, Our Lady of  
Good Counsel, filled  
with the Holy Spirit,  
you were a faithful  
disciple of Jesus your  
Son.**

**Intercede with your  
Son for us that we  
may be faithful to our  
baptism, fervent in  
prayer, and generous  
in the service we give  
to our sisters and  
brothers.**

**May the Spirit of the  
living God, who  
graced you with the  
gift of counsel, lead us  
in the way of truth  
and love.**

**With the help of your  
prayers, may we  
come to rejoice  
forever with you and  
the great company of  
saints in the  
kingdom of heaven.**

**Amen.**

**Spring Newsletter 2019**

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## **MISSION STATEMENT**

The Catholic Women's League of Canada  
calls its members to grow in faith,  
and to witness to the love of God  
through ministry and service.

## **LEAGUE PRAYER**

We humbly pray you, O God our Father to bless  
The Catholic Women's League of Canada.  
Bless our beloved country, our homes and families.  
Send Your Holy Spirit upon us to give light to our minds  
And strength to our wills that we may know  
and fulfill your great law of charity.  
Teach us to share with others at home and abroad,  
The good things you have given us.  
This we ask through our Lord Jesus Christ  
And the intercession of our patroness  
Our Lady of Good Counsel  
Amen



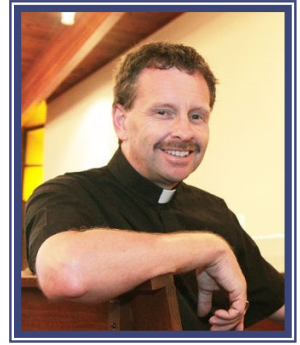
# Care for our Common Home



**SERVICE – FAITH – JUSTICE**



**The Catholic Women's League of Canada**  
**Sault Ste Marie Diocesan Council**  
**Rev. Trevor Scarfone**  
**Diocesan Spiritual Advisor**



Dear Sisters of the Catholic Women's League,

During Lent, we follow the path of our Lord Jesus Christ, who for forty days, journeyed through the desert toward his death and resurrection. We die to ourselves that we, like Jesus, might rise again. Lent is a joyful season—a time for new life to appear and old attitudes to disappear. The most important aspect of Lent is our return to the Lord with our whole heart. The season of Lent has long been a time of preparation to celebrate the mystery of Christ's death and resurrection at Easter.

A gesture of repentance through the acts of fasting, praying and almsgiving changes our hearts as we turn away from sin to live in fidelity with God. Why does Jesus focus on these three activities? Actually, it is the Jewish religious practice that identified these three 'pillars' of spiritual growth. They define our primary relationship with God, self and others.

Fasting is a bodily way to remind ourselves that we need God above all things. It is also a sacrifice, a gift back to God of our hearts intent to depend more completely on God. It expresses our desire to find happiness with God rather than on the satisfaction of our physical needs. Through fasting, our relationship to ourselves is reoriented toward God.

Prayer is the recognition that we need to turn back to God. From daily Mass to reciting the Rosary to the Stations of the Cross to Eucharistic Adoration, the Church encourages a wealth of prayerful practices. Prayer changes our relationship with God. Through prayer, we admit and acknowledge our limitations and let go of our control of everything. Through prayer, we open ourselves to all God has to offer us.

Almsgiving readjusts our priorities while expressing both our love for neighbour and our trust in God. Providing assistance to the poor among us helps us recognize God. Almsgiving is a way of bringing our relationship with others into Christ's love. The point is to give from the heart.

O God, may my Lenten observance  
increase my love for Christ and help me  
to live up to my great calling.

*Fr. Trevor*

**Spiritual Advisor**  
Rev Trevor Scarfone



**“Thank you for journeying  
with us Father Trevor”**









**The Catholic Women's League  
of Canada  
Sault Ste Marie Diocesan Council  
President Elizabeth Currier**



To my dear League sisters and spiritual advisors,

***Our National Theme***

Our national president Anne Gorman has chosen for her theme ***Care for our***

***Common Home*** with a focus on water. This became effective on January 1st. I am reminding you that there are wonderful resources at <https://www.cwl.ca> - scroll  $\frac{3}{4}$  down the page to the theme logo and click on it. I encourage you to incorporate prayers that touch on our new theme, at your meetings.

This theme evolves from Pope Francis's encyclical "Laudato Si" which speaks to protecting our environment. Please go online and read this encyclical – simply type "Laudato Si" in the web-site

bar. There are so many good action ideas within the document, any of which your council can act on for now. Prior to World Water Day on March 22, 2019, our provincial president Anne Madden will be sending a directive on which we can all act.

Your council can certainly go ahead with a project addressing this theme and/or also continue to help persons without a home if you wish.

***Regional Meetings***

Thank you to our regional Chairpersons for chairing informative fall meetings. In all three regions,

there were presentations of the national strategic plan. Congratulations to Lisa Henry for being chosen as a member of the National Implementation Team. We also learned about archives... what's important for our councils to keep in their files and for how long. Thank you to our provincial first vice president Linda Squarzolo for developing this workshop, for presenting in North Bay and Sudbury and for having the confidence in me to present in Sault Ste. Marie when

she was unable to come due to winter weather.

***Council Anniversaries***

Several councils celebrated special anniversaries over the past year.

St John the Evangelist (Garson) February 25, 2018 80 years

St. James the Greater (Blind River) June 2, 2018 90 years

St. Jude (Espanola) June 11, 2018 90 years

St. Francis of Assisi (Walford) August 24, 2018 90 years

St. Patrick (Sudbury) October 18, 2018 65 years

Our Lady of Hope (Sudbury) November 5, 2018 60 years

St. Kevin (Sudbury) February 5, 2019 55 years

Holy Name of Jesus (North Bay) February 9, 2019 65 years

The League has a long and proud tradition of providing opportunities to develop a deeper spiritual life, friendship, leadership development and affirmation for its members. These councils have worked in faithful service for many years. Congratulations to all of you.



### ***99th Annual Diocesan Convention***

Plans are moving along nicely for our 99th annual diocesan convention at the Quattro Hotel and Convention Centre, Great Northern Road, Sault Ste. Marie on April 26, 27 & 28, 2019. The parish council presidents have the registration packages now so please get a copy from your president. Convention is always so inspiring, uplifting, educational and spiritual. Please take advantage of this wonderful opportunity for fun, fulfillment and seeing the League in action from a perspective beyond your parish council.

### ***12 Hours of Prayer for Palliative Care***

This is an initiative that our members across the entire diocese hold near and dear to their hearts. We will be celebrating 12 Hours of Prayer for Palliative Care provincially on Saturday May 4, 2019.

Please speak with your pastor and see if he will incorporate this somehow in the Saturday Mass and perhaps do some other prayer throughout the day.

Are you aware that **CWL Resolution 2018-03: Legislate Designation of Hospice/Palliative Care Services in Facilities to Exclude Medical Assistance in Dying** asks councils "...to become aware of this issue...and to act on it, as deemed necessary or prudent." Our prayers on May 4th are both spiritual and a social justice action.

### ***Provincial Results for the Warmth and Comfort Project***

Thank you for participating in this provincial initiative. Provincially, we collected: 37,465 pairs of socks, 3,812 jars of peanut butter and 2,896 boxes of crackers along with mittens, hats, scarves, jackets, canned meat, more Tim Hortons gift cards, and money. Another great job working for social justice. You have helped many people without a home, many needy and hungry.

### ***And finally my thoughts.....***

In the League we are never alone.

There is always something to learn about the League and we have our sisters to help us.

What an amazing group of women! I call on you and challenge you to action and you answer fiercely and without hesitation. As I read through the council highlights that you submitted for our Annual Report Book, I see such diversity and generosity of spirit and such love. You have done so much over the past year and a half to help those less fortunate than yourselves.

Mother Theresa said, "*Go out into the world today and love the people you meet. Let your presence light new light in the hearts of people.*" I have witnessed that over and over in all that you do for others and I thank you.

May Our Lady of Good Counsel bless you as you continue your work for God and Canada and may God hold you in the palm of His hand.

Blessings, hugs and lots of love,

*Betsy*



**President**  
Elizabeth (Betsy) Currier

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**Spiritual Advisor**  
Rev Trevor Scarfone

# WE are called to take action and conserve water!



## ONTARIO PROVINCIAL COUNCIL of The Catholic Women's League of Canada

**MEMO TO:** ONTARIO PARISH PRESIDENTS  
**FROM:** ANNE MADDEN, PROVINCIAL PRESIDENT  
**DATE:** February 9, 2019  
**RE:** ONTARIO KICK-OFF FOR NATIONAL FOCUS ON WATER

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**Care for our  
Common Home**

The new national theme and focus on water was discussed during the recent Ontario Provincial Council (OPC) of The Catholic Women's League of Canada winter meeting.

The OPC agreed to focus on water conservation and preservation with a kick-off of March 22, 2019 that is designated World Water Day.

Your council is asked to promote water conservation in advance of that date and request participation by your members and parishioners in the conservation kick off.

This kick off is explained in the attached poster that you may post on your bulletin board(s) as is and/or create your own. Other information and videos you may use at a meeting to launch the project may be found on the Internet but some suggestions are listed below.

Your efforts in addressing homelessness were overwhelming and I look forward to celebrating the impact of your efforts to conserve and preserve water for future generations. A further initiative will be kicked off at our provincial convention in July.

Blessings,

*Anne Madden*

<https://canadians.org/bluecommunities> about blue communities

<https://bluecommunitiesnow.wixsite.com/water/blue-resources> great video link .. 8 minutes

<https://www.youtube.com/watch?v=A6LcaTWTx8g> First Nation girl at UN .. 5 minute video

<http://www.cwec.ca> Whose watching the water for our Kids?

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***Care for our Common Home***

[www.cwl.on.ca](http://www.cwl.on.ca)

# Here's how and let's keep track!



THE CATHOLIC WOMEN'S LEAGUE OF CANADA

NATIONAL THEME 2019-2020

FOCUS FOR 2019: WATER

**SAVE WATER**  
**SAVE \$\$\$**



Designed by Progrex

ONTARIO'S FOCUS WILL BE ON CONSERVATION AND PRESERVATION

## ONTARIO PROJECT KICK OFF

EACH PARTICIPATING INDIVIDUAL IS ASKED TO SELECT ONE WAY OF REDUCING WATER CONSUMPTION FOR THEMSELVES AND OTHERS WHO SHARE LIVING SPACE

EACH INDIVIDUAL/HOUSEHOLD BEGINS CHANGE(S) NO LATER THAN MARCH 22, 2019 – WORLD WATER DAY

EACH INDIVIDUAL/HOUSEHOLD RECORDS THEIR CHANGE WITH THE ESTIMATED ANNUAL WATER SAVINGS IN GALLONS AND DROPS IT INTO THE COLLECTION BOX LOCATED \_\_\_\_\_

THE CWL COUNCIL REPORTS THE TOTAL IMPACT TO THE OPC RESOLUTIONS CHAIR, COLLEEN MARTIN BY EMAIL [cwlresolutions@tbaytel.net](mailto:cwlresolutions@tbaytel.net) NO LATER THAN APRIL 30, 2019

A FURTHER STEP WILL BE LAUNCHED AT THE ANNUAL PROVINCIAL CONVENTION IN JULY 2019

### POSSIBLE CHANGES TO REDUCE CONSUMPTION OF WATER

(Run water you are going to use for a particular purpose into a container for a minute to estimate your savings per minute – make sure you use the water and don't just dump it ☺ .. then use the calculation per minute X # of minutes of activity X # times activity done per day or week X days or weeks in a year and then convert to calculate your total annual savings in litres/gallons)

- 1 Turn off the tap while brushing your teeth
- 2 Turn off the tap while you scrub your hands
- 3 Operate dishwasher and washer only when full  
(each cycle uses 4 -6 gallons .. how many cycles do you save per week then x 52 for per year)
- 4 Fix a leaky faucet (estimated savings 30-40 gallons per week with a steady run)
- 5 Shorten # of minutes for each shower (estimated savings 2.1 gallons per minute)
- 6 Fill a pitcher with water and store in fridge so do not run water to cool
- 7 Do not let the water run continuously to rinse dishes
- 8 If washing dishes, put water in the sink rather than letting the tap run while washing
- 9 Use biodegradable dish soap and then use dishwater for watering plants after completing dishwashing (reusing water also counts as a savings)
- 10 Collect rain water and/or melt snow to water plants





## Karen McDonald Past President / Historian



Everything happens for a reason ...

In the Fall of 2006, I was blessed to be appointed to the diocesan council by Evelyn Theriault (then diocesan president). It began a special chapter in my life that comes to a close in April at convention. I served on the diocesan council as spiritual development chairperson, resolutions chairperson, treasurer, first vice-president/Sudbury regional chairperson, president-elect/organization chairperson, president and now as past president. Over those 12 ½ years, I have met talented and faith-filled women in all three regions of this wonderful diocese. Membership in the League is a gift from God!

In writing this last newsletter article, I reflected on my term as diocesan president. The focus was on improving communication and on educating members about the League. There were many highlights I was privileged to witness. Bishop Plouffe celebrated his 50th anniversary of ordination and recognized laity for outstanding service (many CWL members); Bishop Damphousse was appointed sixth Bishop of Sault Ste. Marie; Linda Squarzolo was awarded her life membership and Lorraine Atchison the Bellelle Guerin Award; Rev. Daniele Muscolino was ordained to the Priesthood; and members prayed for Seminarian Chad Franklin who was studying at St. Peter's Seminary.

Members were inspired by the theme, "**One Heart, One Voice, One Mission**", and embraced the Jubilee Year of Mercy. An e-newsletter was instituted and the diocesan web-page was redesigned. The Sisters of St. Joseph (and an Associate) continued to serve as our regional spiritual advisors. **Catch the Fire!** presentations continued and **Find Your Voice!** public speaking courses were held in all three regions. Sadly, we mourned the passing of Past Diocesan President Anne Grogan-Cox, Regional Spiritual Advisor Sister Frances McIsaac, csj, Honorary Life Member Lucille Cullen, and Past Diocesan President and Bellelle Guerin recipient, Rose Moher.

As I prepare to enter the history books, I remind councils to prepare their **written** history prior to our 100<sup>th</sup> anniversary. Dust off those records in your archives. Take the opportunity to honour your members. It is important to remember where we have been in order to know where we will journey over the next 100 years.

It is a privilege to serve ... the rewards are endless. My 'pitch' to members has always been the same ... be confident in your abilities and be kind to one another!

*Lots of love!*  
**Karen**

Karen McDonald  
Past President

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**Cathy McKinney  
President Elect  
Organization Chairperson**



My Dear Sisters!

As I write this letter the snow is falling gently. I know that spring will arrive later than sooner this year. It is exciting times for the Catholic Women's League of Canada! We have so much to be grateful for and to celebrate.

The new theme of "Care for our Common Home" will permeate all we do for the next two years. Anne Marie Gorman has challenged us with this theme and I think we will pick up the challenge and run with it. We are energy conscious, we recycle, and we believe all of creation is God's gift to us. We must become better at preserving and conserving our world.

I am excited to be transitioning into the roll of President as we celebrate our 100<sup>th</sup> year as a Diocese. Nationally we are also celebrating 100 years as the Catholic Women's League of Canada. In the next two years you can expect some exciting activities, celebrations and work for our Common Home.

North Bay Ontario will be host city for our One Hundredth Anniversary convention on April 24-26, 2020.

The one hundredth anniversary committee consists of Linda Squarzolo, Giselle Floyd, Lisa Henry, Patricia Clizia and myself and we have been planning and working to have a celebration that the members will always remember!

Please support the fundraising initiatives that are being planned through all three regions. T-shirts, promotional items, pasta dinners etc. are underway to raise enough capital to have world renowned Catholic guest speaker Ken Yasinski. Stay tuned for more information on his presentation.

It is with great excitement that I look forward to Diocesan convention 2019 where I will become your representative from the Diocese of Sault Ste. Marie.

Your Sister,  
Cathy McKinney

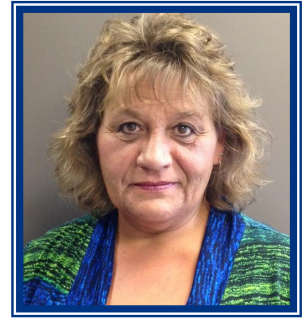


Cathy McKinney  
President Elect Organization Chairperson

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**Giselle Floyd**  
**1st Vice President**  
**Community Life Chairperson**



My Dear Sisters!

***“It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving.”***

***Saint Teresa of Calcutta***

Once again, Members of the Catholic Women's League Sault Ste. Marie Diocese came through with support for our new campaign, “Warmth and Comfort”.

This project is in keeping with our Provincial President's decision to centre on homelessness. Councils throughout our Diocese collected a total of **4006** pairs of socks.

Several councils also donated mittens, hats, scarves, peanut butter and crackers. All of the items collected have been donated to local soup kitchens and warming centres.

Congratulations to all of the ladies in our Councils. You are amazing !!  
Blessings,

*Giselle*



Giselle Floyd  
1st Vice President Community Life Chairperson

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# 4,006 socks & other items!

## Thank you for your generosity.



### CWL Warmth & Comfort Initiative SOCK IT TO THE CWL!

The CWL theme extending into 2019 remains focused on homelessness. A program called "Warmth and Comfort" has been initiated, where CWL Councils across Ontario have been asked to collect new socks for men, women and children. The goal of this initiative from now until January 2019, is to collect 2,019 pairs of socks! As of December 21<sup>st</sup>, 2018, the Pro-Cathedral of the Assumption in North Bay, has collected 984 pairs of socks. It was on this date that a group of council members distributed the donated socks to the Warming Centre and the Crisis Centre. Other local organizations that benefited from the initiative included: Hope Awaits Ministries, Cassellholme, Catholic Charities and residents living with mental illness.



Have you ever wondered what 984 pairs of socks looks like? Elizabeth Delarosbel, Community Life Chairperson, took this picture after spreading out the socks around her festive Christmas tree.

#### Socks donated to the Warming Centre

On Friday, December 21<sup>st</sup>, 2018, members of the Pro-Cathedral of the Assumption, Catholic Women's League of Canada (CWL) Council North Bay delivered 446 pairs of socks to the Warming Centre. Along with the socks, the council also donated 24 Tim Horton's gift cards. (Left to right) Elizabeth Delarosbel, Community Life Chairperson, Ms. Tiffany Fournier, Warming Centre Manager, Shirlene Condie-McVeigh, President Elect and Mary-Lynn Truchon, Recording Secretary. The CWL theme focusing on homelessness included the Warmth & Comfort Initiative donating socks to those in the need in local communities.



#### Caption: Socks donated to the Crisis Centre



On Friday, December 21<sup>st</sup>, 2018, members of the Pro-Cathedral of the Assumption, Catholic Women's League of Canada (CWL) Council North Bay delivered 399 pairs of socks, over half for children, to the North Bay Crisis Centre. (Left to right) Elizabeth Delarosbel, Community Life Chairperson, Mr. Doug Davidson, Crisis Centre Supervisor, Shirlene Condie-McVeigh, President Elect and Mary-Lynn Truchon, Recording Secretary. The CWL theme focusing on homelessness included the Warmth & Comfort Initiative donating socks to those in the need in local communities.

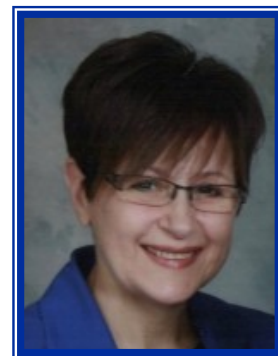
Photo credit: Leah Pierce, Communications Chairperson







**Lisa Henry**  
**2nd Vice President**  
**Education and Health**  
**Chairperson**



***"If someone offers you an amazing opportunity to do something and you're not sure you can do it, say yes. Then learn how to do it later." -- Richard Branson***

What an exciting time to be a member of the Catholic Women's League! Change is in the air through the National Strategic Plan and we are called to embrace the future of our League with courage and anticipation!

As new executive councils are being installed across the diocese and membership drives are in full swing, I am constantly inspired by all those who respond to service to God and the League.

Through a previous role as Diocesan Regional Chairperson, I spoke about saying "yes". It is a powerful call and the response is not always easy. It takes a great deal of discernment and prayer. God has wonderful plans for each and everyone of us but gives us the freedom to make our own decisions. How do you step out in faith then? Say "Yes!" and trust that God will guide you where He needs you. Are you being called to sit on your executive council or serve by sitting as a sub-committee chairperson? Saying yes could be as simple as just attending regular general meetings and your ministry of presence. You have God-given gifts and He will give you the grace to go places you could never have imagined.

As I stated previously and bears repeating, what happens when we say yes? We are exposed to new opportunities, experiences, perspectives, people and learning. We open ourselves to new growth and living life fully. Saying yes leads us to feel more empowered and alive!

As my term as Diocesan Education & Health chairperson will soon come to a close, I reflect on the many opportunities and grace filled encounters that has made being a part of the CWL so enriching.

I leave you with this final thought: You are God's beloved. May you know the comfort and strength of God whose love and grace will never fail you. Say yes and let your gifts shine through service to God and the CWL.

Lisa Henry

Lisa Henry  
Education and Health Chairperson

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**Marlene Sawko**  
**Corresponding Secretary**



***There are good ships, and there are wood ships, the ships that sail the sea. But the best ships are friendships and may they always be.***

***Irish Blessing***

I love Irish Blessings! They always speak to me and this one is no exception as our Diocesan Executive winds down our service and look forward to the upcoming election at convention.

It has been my honour to serve our membership as Corresponding Secretary. As such it is my job to prepare the convention packages for distribution to the presidents and work with the convention planners and our president to create the convention agenda and liturgy booklet and get it printed on time! I also keep up our directories.

Thank you for keeping me informed of changes to council executives. These directories enable our executive to keep you informed. However, to my surprise, the most rewarding and meaningful part of my job is sending cards! The cards are intended to recognize member's or council's landmark occasions.

In the course of trying to find just the right thing to say I now have a collection of reflections that I find myself reviewing daily for inspiration and my own well being.

In closing I would just like to repeat my thanks for your help over the past couple of years and encourage members to take on an executive role at any level.

The spirituality and friendships gained make it all worthwhile.

God Bless!

*Marlene Sawko*





## **Marcelle Beaulieu Spiritual Development Chairperson**



As I write this, I reflect on my term as Diocesan Spiritual Chairperson and my new role as President of my Parish Council. When we held elections in November of 2018, there were no candidates for the office of the President. And POOF! here I am, president once more! God works in mysterious ways and sends us where we are most needed and for me that is back in my parish.

My experience on Diocesan Council has been filled with fun, faith and fulfillment. The fellowship with the members of this council is amazing. These are wonderful ladies devoting their time to promote the League at the Diocesan level and I have been blessed to be a part of this group for two years. I have thoroughly enjoyed their company as we have travelled to meetings and shared accommodations. I have learnt something wonderful and special about each and every one of them.

This experience has also allowed me to deepen my faith as I seek out different ways of spreading the Gospel message to see the face of Christ in every one I meet. Preparing prayer services for meetings and conventions proved to be both challenging and rewarding. The 12 hours of Prayer for Palliative Care helped me to understand the growing need for this service as people I love deal with end of life issues. The World Day of Prayer and the Journey with the Migrants showed me the difficulties other countries face on a daily basis. The Diocesan Food Drive was a wonderful event as we all came together to help our sisters and brothers in need.

I especially felt a great sense of wellbeing when I was able to lend a hand to my Spiritual Chairpersons Sisters at the parish level. I once was in their shoes and I understand how difficult it is to deliver the gospel message with faith and conviction. Our Lady of Good Counsel continues to guide us as we continue our work for God and Canada.

I feel sadness at having to leave my Diocesan Sisters. I would have enjoyed continuing this journey with them through this period of transformation. I will give them my full support as I lead my council over the next two years. Who knows! Perhaps I'll be back!

Your Sister in the League,  
Marcelle

Marcelle Beaulieu  
Spiritual Development Chairperson

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## **Kathleen Niro** **Christian Family Life Chairperson**



Our lives are a mystery, the plan God holds for each us was established long before we were born.

In 2006 I attended my first diocesan convention. The theme was Companions on the Journey. I had the privilege of exchanging a few words with Betty Anne Brown Davidson. Being new and ignorant of all things CWL, and I did not know with whom I was speaking, I listened and was inspired to be one of the companions. I recall Betty Anne saying 'oh, here's a young one!' She was bright and welcoming in her words and was attentive to our conversation. After I attended that first convention, I wanted to learn more about being part of this concrete, spiritual organization. Even though I had been a member since 2002, I still wasn't an active member. The opportunity to make a firmer commitment came through my parish sisters in the League each election time and I resisted, I had an *excuse* every time. Fear has been my companion for years. They were after me and it is through their encouraging persistence, affirming words each time that I finally decided to make this daunting experience of being on the executive go away. My first term on my parish council was to support my President as she unexpectedly had to take some time away. I worked with her from her home, and the 2<sup>nd</sup> Vice President to keep her goals for her term successful. I had no idea how to lead a meeting of an organizations I knew very little about or of how to execute some of the tasks. There was always someone I could call for further education.

When I attended my first provincial convention in Thunder Bay, I travelled with another companion who invited me for the drive and company. It was at this convention that the Holy Spirit really caught hold of me. I met and I am still friends today with some very dynamic women. They took me under their wing and showed me the ropes of 'convention life' and the CWL. My second provincial convention showed me a very human side of one of our sisters as she experienced the convention without her mum and sister in the League. An inside view that we are human on the inside and have lives outside of our CWL commitment. The amazing thing about this discovery is that we are allowed to be other things first in our lives without judgement.

I have heard many times that you are never alone in the League. There is always help, you only have to ask. Lesson learned and supported by my first term on the Diocesan Executive. I was unable to attend the very convention when I was elected due to family commitment, and there was no delay in receiving my standing committee and kind words to reach out if there are any questions. Each meeting has been like going to your favourite aunt's house for dinner – WELCOMING, SHARING our lives and CONVERSATIONS blessed with the Holy spirit.

The mentoring continues through all the blessed ladies I have encountered and journeyed with for the past decade plus, even though we may sit at different tables. God has gifted us with each other and it is through my CWL companions that I realized that I was as much a support to them as they were to me. A listening ear, or a helping hand my sisters have continued to be there.



## Sue Godin Resolutions Chairperson



My Dear Sisters in the League,

In composing my last newsletter as Resolutions Chair on your SSM Diocese executive, I contemplate the past two years, they have held many challenges for me in my personal life. I feel a lot of gratitude to have been blessed with my sisters in the league. Their caring, loving support has meant a great deal to me.

These coming two years our national theme is “*Care of our common home*” from Pope Francis’ Laudato Si. Our Holy Father “Challenges us to live respectfully together on this planet, and to care for our common home. As human beings created in God’s image, we have a unique responsibility to safeguard the created world and to treat it with respect. we are created to be, and to love, like God. We are created to manifest this love towards our fellow human beings and towards every creature God has made. We have a shared responsibility for others and for our world, and this includes a responsibility towards future generations, and towards those of our own day who are deprived of basic human needs.”

### World Water Day

March 22, 2019 is designated World Water Day. The Ontario Provincial Council in agreement with our national league’s focus on water conservation and preservation presents us with an opportunity to support **Resolution 2004.07 Water use in Canada**. *Writing letters to municipal governments requesting that unnecessary use of potable water be limited. Reduce household and sanitary use of water.*

Let’s stand behind our resolutions, writing our governing members at all levels. Resolutions are but paper and ink unless we take actions suggested. Let’s do it for our common home.

God Bless you all, may Our Lady of Good Council guide you.  
Your Sister in Christ

*Susan Godin*

Susan Godin  
Resolutions Chairperson

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## Patricia Clizia Communications Chairperson



Spring greetings to all my sisters in the League,

***“Communication is a skill that you can learn. It’s like riding a bicycle or typing. If you’re willing to work at it, you can rapidly improve the quality of every part of your life.” Brian Tracey***

Our journey together in communication over the last two years has been a gift in my life. I have continued to learn and grow, and met so many wonderful members as I’ve ridden the communication tricycle—I’m not riding a ten speed bike yet!

As editor of the Diocesan Newsletter this term, it has been an honour for me to communicate the many works our councils have undertaken with open hearts and willing hands. I had the privilege of reading all the submissions as I was preparing the layouts and faced sometimes challenging technology limitations. The spirit in which they were written and submitted helped me forge ahead to completion.



You journeyed bravely with us as we moved from a Diocesan Council centred newsletter to a parish council and member centred newsletter. You eagerly shared your updates on new presidents and together we developed a communication tool that serves all members. More than 85% of councils are now accepting the newsletters electronically which supports our desire to be mindful of our consumption of natural resources and take care of our common home. Many presidents are sharing the newsletters with their council members via email and printing to post on parish bulletin boards expanding our communication network!

We got social and participated in social media workshops at the spring luncheons in 2018 while being mindful of the responsibility we all have to share real news, evangelize within the League and be on the look out for FAKE news.

Pornography Hurts postcards were printed and distributed to all councils. Thank you for continuing to engage your parish communities in post card signing initiatives and letter writing. The Canadian League Magazine continues to be a good resource for all members and connects us all nationally! It is now available in digital—a sign of the times!

A newly refreshed diocesan council website has been launched, and although the project took more time to implement than anticipated, it provides a firm foundation to grow upon delivering an easy to navigate layout and great potential for future enhancements.

Communicating is a gift we give to each other; a human connection! It is a friendly smile, a tear of console, a warm hug, a greeting card in the mail, a conversation on the telephone. Keep practicing your bicycle riding...and don’t forget the helmet because you may encounter some bumps or off ramps in the road....not to worry!

***Patricia***

Patricia Clizia  
Communications Chairperson

Page 1 of 1



**Sue Quackenbush  
Sudbury Regional Chairperson**



Dear Sisters in the League,

Wow two years has already gone by and how fast it went!

In the first year with the theme “Inspired by the Spirit women respond to God's call” councils collected Tim Horton gifts cards and also sleeping bags were brought to the 98<sup>th</sup> Convention to be blessed to give to the poor.

The theme for the second year was “Warmth and Comfort”.

In the spring with “Hunger has no Season” a huge food drive was held at Independent Grocer. Fall had us collecting warm socks.

What amazing group of women to give so generously to help clothe and feed the less fortunate. Thank you to those who were able to submit photos for the newsletter. Some councils have had their elections, and welcome to the new presidents and any new executives.

Thank you for letting your names stand, this will be an opportunity to learn more about the league.

I was blessed to have had a great Regional Team to help me in my role as Regional Chair.

It has been a learning experience that has taken me out of my comfort zone.  
I am proud to be associated with the many women who walk this journey with me.

It has been a privilege to serve as your Regional Chairperson. You have inspired me through your faith, support and commitment.

Sue Quackenbush

Sue Quackenbush  
Sudbury Regional Chairperson

Page 1 of 1





**Ruth-Anne Ingram**  
**Regional Spiritual Advisor**  
**Sudbury Region**



For those I haven't met yet, I look forward to meeting you!  
I have lived in Sudbury since 1995 after moving "down south" from Timmins.  
I am a member of St Patrick's Parish, and of course, St Patrick's CWL Council.  
I am active in ministry and volunteer service in my parish and in the community.

I am an Associate of the Sisters of St Joseph which is how my journey with the League unfolded with an invitation to follow in Sister Fran MacIsaac's footsteps as the Regional Spiritual Advisor.

The past 2 years as your Spiritual Advisor have been an amazing journey.  
**You** have enriched my faith as we – to paraphrase Ram Dass – continue to walk each other Home, as our lives continue to be the only Gospel some people will ever read.

Speaking of reading – I love to read. I enjoy travelling. I am terrified of heights but enjoy zip lining. I enjoy listening to music and I still scare small animals and children when I sing.

That's a gift of diversity – if I was singing I wouldn't hear your voices.

Ruth-Anne Ingram





**Christina Bot  
Sault Ste. Marie  
Regional Chairperson**



**"If we pray, we will believe; if we believe we will love; if we love, we will serve."**

**Blessed Mother Teresa**

My two year term as the Regional Chair for Sault Ste. Marie will soon come to an end. It has been my honour and privilege to serve my region in this capacity.

In looking back over the past two years, I am glad I said "Yes". It wasn't easy to come to that "yes" decision. I was asked at a very difficult time in my life. I had just placed my husband into a Long Term Care facility and had actually stepped away from a lot of my CWL duties to care for him at home.

My first thought was "I don't think I can do this" but I answered "let me think about it." It took time and a lot of praying to come to the decision.

It was actually something that Father Pat Woods, my parish priest, said in an Easter sermon that helped me to decide. He spoke about removing the boulders in our life that prevent us from moving forward. So.. I pushed the boulder of self-doubt out of the way and said "yes."

I have met so many amazing and talented women at both the parish and diocesan level. Women who have embraced the concepts of the CWL and given their time caring for others in our parishes and communities. Women who are not afraid to speak up and fight for social justice. I learned that by saying "Yes", I opened myself up to new experiences, new people and new ideas.

I hope that when you are next asked to lead a project, organize an activity or take an executive position in the CWL that you take the time to pray about the decision, remove that boulder of self-doubt and say "Yes." In saying yes, you will be responding to God's call asking you to share the talents and gifts He has graced you with.

*Christina*

Christina Bot  
Sault Ste. Marie Regional Chairperson

Page 1 of 1



## **Mary-Lynn Truchon** **North Bay Regional Chairperson**



I would like to share a story with you that really got me thinking.

*The smallest deed is better than the greatest intention!*

*A missionary was sailing home on furlough when she heard a cry one night - a cry that is perhaps the most difficult to hear when at sea: "Man overboard!" She arose quickly from her berth, lit the lamp on the bracket in her cabin, and then held the lamp at the window of her cabin in hopes of seeing some sign of life in the murky dark waters outside.*

*Seeing nothing, she hung the lamp back on its bracket, snuffed it out, and returned to her berth with prayers for the man lost at sea. In the morning, to her surprise she discovered the man had been rescued. Not only that, but she learned it was the flash of her lamp through the porthole that showed those on deck the location of the missing man, who was clinging desperately to a rope still attached to the deck. He was pulled from the cold waters in the nick of time. Such a small deed as shining a lamp at the right time had saved a man's life.*

*It isn't the size of the deed you do that counts. It's the fact that you do it for good and not for evil, and with a trust that God can take every deed we perform and use it for His purposes, in our lives and in the lives of others.*

I read this at a time when Councils were planning the installation ceremony for their newly elected presidents and executive members for the 2019-2021 term. Many have followed the light of the lamp and accepted a role on their Council's executive. These newly elected have considered carefully the gifts and talents that God has blessed them with and considered how their gifts and talents may best be developed. Their light will shine on our core values: Faith, Service and Social Justice.

Our Mission Statement calls its members to grow in faith and to witness to the love of God through Ministry and Service. The feeling of positive involvement, the sisterhood of the League, the deepening of their faith will be amazing as they journey with sisters and with Christ in the League. Don't intend to do it, do it! They did!

*Mary-Lynn*

**In Loving Memory of Maudena Farnsworth**  
**CWL Council President**  
**Pro-Cathedral of the Assumption**



**3 GENERATIONS OF CWL SERVICE**

*(From L-R) Noelle Sharpe (Maudena's daughter), Maudena Farnsworth and Shelby Cleator (Maudena's grand-daughter)*

In December of 2018, we lost a faithful, dedicated council president, member and dear friend.

Maudena was born in Drumheller, Alberta on June 12, 1950. She was a "military brat" as she liked to call herself and so, moved around a lot. In 1964, her father retired from the military and they settled down in Cape Breton, NS and it was there that she considered to be her home. In 1968, following graduation, Maudena moved to Toronto where she met her husband, Jack. They married in 1969, had three wonderful children and 5 grandchildren.

Maudena's mother gave her a CWL membership when she was 16 and was brought to her first meeting where she met women wearing hats, gloves and serving tea from a silver tea service. Maudena thought, "this group isn't for me", but her mother paid her dues until she died in 1976 and told her "you will need this group someday".

Maudena renewed her membership when she came to the Pro-Cathedral of the Assumption, North Bay in 2004 and since then has served the CWL as Recording Secretary, Corresponding Secretary, Membership and President. She also served many grieving families as the parish Funeral Luncheon Coordinator as well as Captain of a Funeral Luncheon team. It was one of the most important gifts her CWL council could provide and Maudena made it her mission to do all she could to love and support these families during their greatest time of need.

She had an incredibly huge heart for service to God, the CWL and her parish. Whenever called upon, she always answered with a "yes".

Maudena passed away peacefully on December 19, 2018 with her family by her side. She once said, "The CWL are a loving group of women who are an inspiration in their service to God and the one lesson she learned was, Mamma is always right!!"

She loved serving God through the CWL and she has left a mark on the hearts of all those she encountered. She will be dearly missed.

# Convention is a wonderful opportunity to pray, learn and share.

## Save the date and plan to attend!

**99th Annual SSM Diocesan  
Convention**  
**April 26—28, 2019**  
**Sault Ste. Marie, Ontario**  
[Register to attend by April 19, 2019](#)



**72nd Annual Ontario  
Provincial Convention**  
**July 13—17, 2019**  
**Kingston, Ontario**  
[For more information click here](#)

**National Annual Convention**  
**August 18 - 21, 2019**  
**Calgary, Alberta**

To be notified when new information is added to this page, please [register](#) and select to receive updates on the 2019 National CWL Convention.





## Meet this year's convention convenor Jane Chaput from Sault Ste Marie.

I am a widow of five years. Was married to Paul Thomas Chaput for fifty years. I have two daughters, four grandchildren and four lovely great-grand children. I've surely been blessed.



My education was all through the Catholic system, graduating from Loretto Catholic Central in Sault Sainte Marie, Michigan. I Joined the CWL in 2001 after retirement from twenty years of employment at a local Insurance company, as a receptionist.

I have held many position in our Catholic Women's League council of St. Jerome's in Sault Ste. Marie, Ontario. I received The Maple Leaf Service Pin in 2008.

I was appointed the Regional Chair of Sault Ste. Marie then appointed onto the Diocesan Council as Community Life Chairperson. I have been a Special Minister (Adult Minister) and Eucharist minister since the 80's Convened many successful teas and bake sales with my sisters in the League in our parish.

I was honoured to receive a Medal of the Diocesan Award of Merit in 2017, from Bishop Jean Louis Plouffe. I joined the Sister of St. Joseph & Associates in 2013, and is presently part of the Core group. I attend the Senior & Friends (Prayer Group) weekly at St. Jerome's and also volunteer at Pathways a retirement home, connected to our parish.

Taking on this convenor ship is a challenge, but I know with the grace of God will go well and the help of our Patroness Our Lady of Good Counsel.

Margaret Hammond, my co-chair, has a lot of experience and can give her expertise to this convention. Our local councils are always ready to help and do their part to make this event successful. Our hope is that all who attend will be leaving having experienced the graces that go with Eucharist celebrations, our prayers and fellowship.

***"Marg and I extend a warm invitation to all Catholic Women's League members (and future members!) to register to attend the 99th convention in the Sault to celebrate with sisters in the League and enjoy our Northern Hospitality."***



**The Catholic Women's League of Canada  
Sault Ste. Marie Diocesan Council - 99<sup>th</sup> Annual Convention  
April 26 to 28, 2019  
Quattro Hotel and Convention Centre, Sault Ste. Marie, Ontario**

**SPECIAL EVENT TICKETS FORM** - One per person per registration (photocopy additional forms)

Name: *(PLEASE PRINT)* \_\_\_\_\_

CWL Council: \_\_\_\_\_ Telephone: \_\_\_\_\_

Prices quoted include hotel fees, PST, HST and gratuities

**CHECK YOUR ORDER**

APRIL 26, 27 28, 2019      Weekend Registration Fee      40.00 \_\_\_\_\_ = \$ \_\_\_\_\_

FRIDAY, APRIL 26, 2019      Bus to Opening Mass      4.00 \_\_\_\_\_ = \$ \_\_\_\_\_

SATURDAY, April 27, 2019      Morning Break – *Generously sponsored by a local business*

Please circle choice:	Coffee	Yes	No
	Tea	Yes	No
	Juice	Yes	No

Luncheon (Buffet)      23.00 \_\_\_\_\_ = \$ \_\_\_\_\_

Banquet (includes entertainment)      43.00 \_\_\_\_\_ = \$ \_\_\_\_\_

SUNDAY, April 28, 2019      Bus to Closing Mass      4.00 \_\_\_\_\_ = \$ \_\_\_\_\_

SUNDAY, April 28, 2019      Luncheon      25.00 \_\_\_\_\_ = \$ \_\_\_\_\_

**PLEASE NOTE:** The Annual Report Book is available free on our website: [www.ssmcwl.ca](http://www.ssmcwl.ca)  
If you want a hard copy (copies) at \$5.00 each please enter here:

Annual Report Book - Number of copies \_\_\_\_ at \$5.00 each = \_\_\_\_\_

**TOTAL:**      \$ \_\_\_\_\_

➤ **PLEASE SPECIFY SPECIAL NEEDS, DIETARY REQUIREMENTS, ALLERGIES ETC.**

Make cheques payable to: *The Catholic Women's League of Canada*

**(NO GUARANTEE OF REFUNDS AFTER APRIL 21, 2019)**

**Hotel Information:** Rooms must be booked by April 1, 2019 to guarantee room rate and availability

Please see reverse side of this page for all hotel information



**The Catholic Women's League of Canada  
Sault Ste. Marie Diocesan Council – 99<sup>th</sup> Annual Convention  
April 26 to 28, 2019  
Quattro Hotel and Convention Centre, Sault Ste. Marie, Ontario**

**REGISTRATION FORM**

\*One person per registration form - photocopy additional forms as required\*

**REGISTRATION DEADLINE IS APRIL 19, 2019**

Name: (PLEASE PRINT) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

CWL Council: \_\_\_\_\_ Telephone: \_\_\_\_\_

**PLEASE CHECK \_ APPROPRIATE CATEGORY**

- |  |  |
|--|--|
| <input type="checkbox"/> Diocesan Officer                                | <input type="checkbox"/> Life Member             |
| <input type="checkbox"/> Diocesan Spiritual Advisor                      | <input type="checkbox"/> Past Diocesan President |
| <input type="checkbox"/> Parish Voting Delegate (President or Designate) | <input type="checkbox"/> C.W.L. Member           |
| <input type="checkbox"/> Parish Accredited Delegate                      | <input type="checkbox"/> Provincial Officer      |
| <input type="checkbox"/> Parish Spiritual Advisor                        | <input type="checkbox"/> National Officer        |
| <input type="checkbox"/> Honorary Life Member                            | <input type="checkbox"/> Guest (non-member)      |

(Note: This section MUST be completed for accounting purposes)

**REGISTRATION FEE: \$40.00**

Make cheques payable to: *The Catholic Women's League of Canada*  
Your cancelled cheque will be your receipt

COMPLETE REGISTRATION FORM **along with** SPECIAL EVENT TICKETS FORM  
AND MAIL WITH FEE

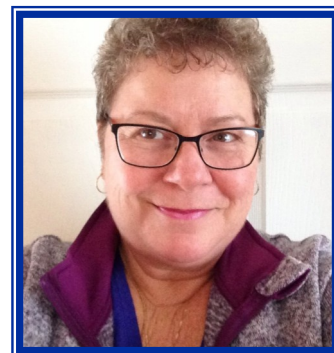
**NO LATER THAN APRIL 19, 2019 TO:**

**Colleen Murphy  
77 Promenade Dr.  
Sault Ste. Marie, ON P6B 5J5**

(For additional information: Telephone 705-759-6086 or email: [murphyckelly@gmail.com](mailto:murphyckelly@gmail.com))



**Elaine McDonald**  
**President**  
**Holy Redeemer Council**  
**Sudbury Region**



I have been a member of the CWL at Holy Redeemer for 20 years and held a number of Convener positions.

Born and raised in the Minnow Lake area of Sudbury, I am one of nine children born to two excellent role models, Monica and Mervyn Conrad. "They gifted us with their faith, my parents encouraged us to be generous with our time and taught us civic responsibility" My Mom and Dad were amazing examples. Needless to say there were many opportunities as a young person to experience the works of the Catholic Women's League and the Knights of Columbus, as young assistants.

A graduate of Marymount College and then of the Graphic Communications program at Canadore College. I worked for over 27 years in my trade and have found many volunteer jobs in need of my talents.

At Holy Redeemer, I have been involved with Liturgy, Confirmation Preparation, Decor, the Screening Initiative Committees, the Adult Funeral Servers and most recently Eucharistic Minister.

My husband Tom and I have been married for almost 18 years. Retired for a number of years now and have been enjoying travel and our two young granddaughters and any time we can spend with family.



**Kathie Renaud**  
**President**  
**St. Patrick Council**  
**Sudbury Region**



Kathie grew up in Garson and then served in the Royal Canadian Navy (at sea and in headquarters ashore) for almost 23 years before her medical release. During that time she married a fellow Naval Officer Joe, her husband of 24 years. Kathie, Joe and their three teenagers (Larry, Annika and David) moved back to the Sudbury area four years ago. After completing the RCIA program in 1997, Kathie promptly joined the CWL and has served in various Executive positions in the four different parishes/councils she has belonged to. Kathie now calls St. Patrick's home and apart from the CWL she serves as an Extraordinary Minister of Holy Communion and is Chair of the Worship Environment Ministry.



**Shirley Leonard  
President  
St. Gerard Majella  
Sault Ste Marie Region**



Baptized into the catholic faith as a young adult it wasn't until later in my life that I embraced my relationship with Christ and began my journey as a member of the Catholic Women's League (CWL).

In 2011 the women of the CWL council at St. Joseph the worker Parish in Oshawa Ontario welcomed me into the league. Leading by example these women taught me how to take an active role in their Council and in the parish. Serving in roles on Council as Community Life co-chair and Secretary of the Serra International Committee. Friendships quickly became sisters in Christ, I cherish these memories, they set the foundation for the Christian women I am today.

Wanting to end the 800km commute to be with family I made the trip for the last time in 2016. Shortly after returning to the Sault I found my spiritual home at St. Gregory's parish where I met Father Alex and was once again embraced by a joy filled group of CWL women. Having attended Convention while living in the Toronto area I was excited to take a road trip to North Bay with this council's president and secretary in 2017.

A new assignment for Father Alex at St. Gerard Majella Parish lead me to visit one Sunday and not long after I followed and again was welcomed by the Council here. Another road trip to Convention 2018 in Sudbury with Past President, Colleen Murphy where I was inspired by Shari Guinta, National First Vice-President and Chairperson of Spiritual Development, to nurture women in their journey with Christ.

After a conversation with Father Alex, our Executive and open dialogue at our general meeting we now have a group of 27 women taking a spiritual Lenten journey with Christ through a 6 week book/bible study using Joanna Weaver's, "Having a Mary Heart in a Martha World". I

am truly pleasantly surprised to have been nominated to serve in the role of President, CWL Council at St. Gerard Majella parish. Under the guidance of Colleen, with the support of our executive committee and our CWL members I'm looking forward to growing in Christ through the Holy Spirit, serving the league and all his people..

Thank you for this amazing opportunity.



**Maureen Carriere  
President  
St. Alphonsus of Ligouri  
North Bay Region**



My name is Maureen Carriere.

was born in Montreal, Quebec but spent most of my childhood in Glace Bay, Nova Scotia. I moved to North Bay straight out of high school. I have been married three times, widowed twice and have been blessed with six wonderful children, nine grandchildren and three great-grandchildren.

I moved to Callander in 1975 and I joined CWL in 1977 and have been an active member ever since.

This is my second time acting as President of our Council. I have also held the positions of Secretary, Treasurer, Chairperson of Communications, Christian Family Life, Spiritual Development, Historian, Organization, Resolutions and Legislation.

I have also been fortunate to have had one term as North Bay Regional Chairperson and Diocesan Spiritual Convenor.

I am also a member of the Diocesan Order of Women and a chartered member of the Callander District Food Bank.





**Denise Armstrong**  
**President**  
**Our Lady of Good**  
**Counsel Council**  
**Sault Ste Marie Region**

New President

In the  
**Spotlight**

I have been a sister of the C.W.L. since 1966. Being in and out of life's issues, I have a total of 26 yrs. Of service in the League. I have held different positions such as Telephone Convener, Corresponding Secretary and now President for just over a year. I am surrounded by years of experience fellow members and I hope to learn from them.



**Dorothy Boyer**  
**President**  
**Our Lady of Hope**  
**Council**  
**Sudbury Region**



I was born and raised in Toronto, Ontario and came to Sudbury in December of 1974. I married Reg Boyer in 1975 (deceased 1996) and have a daughter Rhiannon who was born in 1980. I graduated from the York Regional School of Nursing in Toronto. I have a Bachelor of Arts Degree in Religious Studies from Laurentian University. I retired after 45 years of nursing. I have been a member of the League since 1996; originally at St. Clement and then at Our Lady of Hope following the parish amalgamation. I have served in several executive positions before becoming President. I am a Eucharistic Minister, a collection counter, am a member of the parish visitation committee and occasionally serve at the soup kitchen. I am involved with The Coldest Night of the Year and World Day of Prayer events. To relax, I enjoy knitting.



**Marcelle Beaulieu**  
**President**  
**St. Peter the Apostle**  
**Council**  
**North Bay Region**

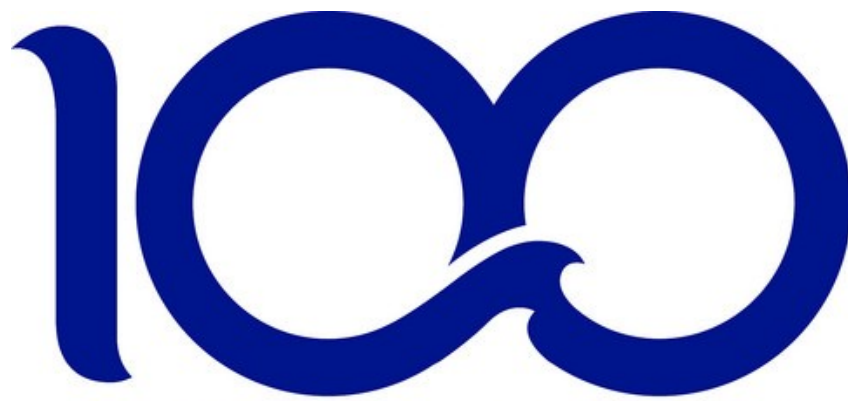
Returning President

In the  
**Spotlight**

I have been a CWL member for fifteen years. During that time, I have served on various committees including six years as President. Most recently, I have served on the Diocesan Council as Spiritual Development Chairperson. I have been married for 53 years to my husband Rheal.

We have three grown children and four wonderful grandchildren. I have travelled to the Holy Land, Portugal, Spain and even South Africa to name a few. My next venture will be Germany where I will be witness to the Live Passion Play. I have been called to serve once more as president of my parish and with Our Lady of Good Counsel by my side, I hope to be able to lead my Sisters as we follow our strategic plan<sup>33</sup> for the future.

"God gives us sisters to help face life's challenges".



**1920~2020**

**One hundred years of faith,  
service and sisterhood.**

**SAVE THE DATE**

**April 25, 26, 27 2020**

**100th Diocesan Convention**

**North Bay, ON**



**Plan ahead to  
attend ...  
and bring a  
friend!**

## SAULT STE MARIE DIOCESAN COUNCIL OF THE CATHOLIC WOMEN'S LEAGUE OF CANADA



### T-SHIRT FUNDRAISER IN SUPPORT OF OUR 100<sup>TH</sup> ANNIVERSARY CONVENTION – NORTH BAY 2020



We are excited to offer the following T-Shirts to fundraise in support of our 100<sup>th</sup> Annual Diocesan Convention to be held in North Bay in April 2020.

Through this fundraising effort we hope to provide special programming and special surprises for our members to highlight this remarkable milestone.



T-Shirts are:

\$30.00 each

Navy Blue in colour



Have Diocese of Sault Ste Marie on the front and the CWL crest on the back

Sizes: Women's – S, M, L, XL, 2XL, 3XL

Men's – S, M, L, XL, 2XL, 3XL

*NOTE: Women's sizes run small. Might be best to order one size up from your normal size.*

### ORDER YOURS NOW THROUGH YOUR COUNCIL PRESIDENT!



Note: T-shirt colour in photo is black.

T-shirts will be navy in colour

### Your support is truly appreciated!



## SAULT STE MARIE DIOCESAN COUNCIL OF THE CATHOLIC WOMEN'S LEAGUE OF CANADA FUNDRAISER IN SUPPORT OF OUR 100<sup>TH</sup> ANNIVERSARY CONVENTION ~ NORTH BAY 2020

We are excited to offer the following items to fundraise in support of our 100<sup>th</sup> Annual Diocesan Convention to be held in North Bay in April 2020. Through this fundraising effort we hope to provide special programming and surprises for our members to highlight this remarkable milestone.

**ORDER YOURS THROUGH YOUR COUNCIL PRESIDENT!**



**Get all 3 for only \$25!**



### **CWL TOTE BAG WITH BOTTLE COMPARTMENTS**

**\$10.00 ea.**

**Great for carrying bottles!**

**11" W x 11" H x 7.5" D**

- **Two bottle/carton dividers on each side!**
- Use the main compartment for other items
- Inside of tote is laminated for easy cleaning
- Two webbed carry handles

### **POLAR STAR SPIRAL JOURNAL WITH 175 STICKY NOTES**

**\$10.00 ea.**

**5.5" W x 7" H x 0.5" D**

- **Matching coloured blue ink pen!**
- 70 sheets of 70 GSM lined paper
- 25 sheets of 4" x 3" yellow sticky notes
- 25 sheets of 2" x 1.75" yellow sticky notes
- Five sets of coloured sticky flags (25 each of orange, pink, yellow, green, light pink)



### **BRAXTON SILICONE CELL PHONE WALLET WITH RING**

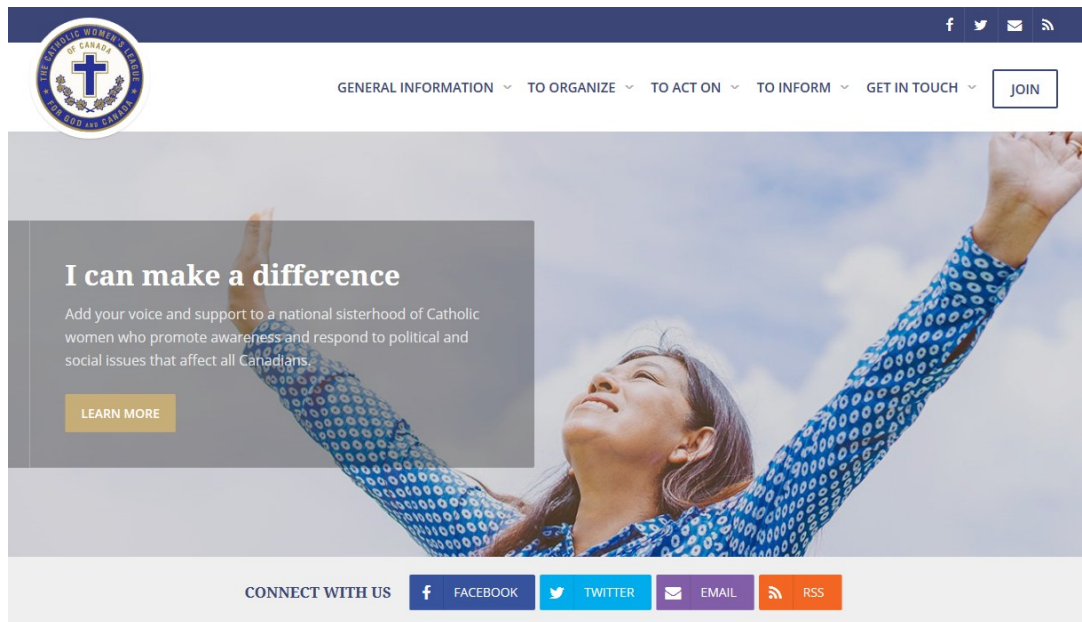
**\$5.00 ea.**

- Silicone
- Smart wallet with 3M adhesive tape on the back
- **Use to hold up to two credit cards, ID, hotel cards and debit cards!**
- **Will not demagnetize your cards!**
- Apply to the back of your phone or case
- Fits most flat backed Smartphones
- **Use this wallet so you don't have to carry your entire wallet or purse!**
- **Full-motion metal ring to hold while you are operating your phone or taking a picture!**
- Instruction card included

**Your support is truly appreciated!**



## cwl.ca National CWL website



## Visit cwl.on.ca for updates from Provincial Council



## Visit the newly updated ssmcwl.ca website for Diocesan Council Updates and Information

